



**Please join us for the next  
Austin Area  
Virtual Sjögren's Support Group Meeting**

**Meeting Date:**

**Saturday, September 9, 2023**

**Meeting Time:**

**10:30-12:00pm**

**Meeting Agenda:**

- **Strategies for coping with Sjögren's fatigue**
- **Updating our specialists information in our area**
- **Caring and Sharing Program**

**\*RSVP Required\***

Meetings will take place using "Zoom"  
participate by simply clicking a link sent to your email.  
If you wish to participate in this virtual group meeting,  
please email *the Austin Sjögren's Support Group Co-Leaders*,  
**Paula Aicklen or Charlene Canizales** at:

**Paula: 214-228-3678 / [paicklen@gmail.com](mailto:paicklen@gmail.com)**

**OR**

**Charlene: 512-748-3520**

*After you RSVP,  
one of the co-leaders will email you the  
ZOOM link/Log-In information for the virtual meeting.*