



Advance Registration is Required!

Registration Fee- \$20

RSVP to Oklahoma Support Group Leader Sharon Abrams 405-650-3503

**Oklahoma Sjögren's Support Group
Invites You to Their 2023 Sjögren's Autoimmune and
Arthritis Education Event**

**Saturday, September 9, 2023
at the First Presbyterian Church of Edmond**

Program Agenda:

8:00 am - 1:30 pm

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| 8:00 | Welcome |
| 8:30 - 9:15 | Management of Dry Mouth
Glen D. Houston, DDS Oral Maxillofacial Pathology
Heartland Pathology Consultants, PC |
| 9:15 - 10:00 | Thyroid Disease
Ruth H. Oneson, MD, MPH Cytopathology Specialist
Heartland Pathology Consultants, PC |
| 10:00 - 10:30 | Break |
| 10:30 - 11:00 | How to Reduce Inflammation
Jennafer Logan, MS, RD/LD
Dietician & Nutrition Specialist, Nestle Health Science |
| 11:00 - 11:30 | Treatment for Dry Eyes
Kimberly Hefner, OD
Hefner Eye Care & Optical Center |
| 11:30 - 12:00 | Difficulty Pronouncing Words Due to
Dryness With Sjögren's
Peter Keates, DMA, MS, CCC, SLP
Speech & Language Pathology College of Allied Health |
| 12:00 - 1:00 | Lunch |
| 1:00 - 1:30 | Question and Answer Session
Craig Carson, MD Rheumatologist
Oklahoma Arthritis Center |