The Sjögren’s Foundation invites you to join us for our 2024 National Patient Conference! The Sjögren’s Foundation is celebrating our 40th year, and we are excited to take this opportunity to bring you a new conference experience. This year’s event is a two-day virtual event using a new and improved conference platform. You can expect a richer, more dynamic, virtual conference experience with more sessions and opportunities to connect!

Sjögren’s is different for every person diagnosed, which is why educating yourself on the most up-to-date information about this disease is so important. This conference will allow both new and seasoned patients to increase their understanding of the complexities of Sjögren’s, connect with fellow patients and learn new daily living tips by:

- Learning from national Sjögren’s experts on both foundational and complex symptom topics
- Connecting with other patients in our new patient communities
- Visiting with exhibitors and product representatives in new virtual booths

During the main stage clinical sessions, you will learn from leading Sjögren’s experts and you will have opportunities to ask them questions, in real time, right from the comfort of your own home. This has always been a popular cornerstone of the conference experience and treasured by past participants. This year, we are adding a special community session on Friday afternoon to allow an additional opportunity for Q & A with a Sjögren’s expert.

Register online at www.sjogrens.org
“Conquering Sjögren’s Together– 40 Years of Progress”

Day one – Friday, April 5th  (All times are Eastern Time)

12:30pm  Welcome and Opening Remarks
Janet E. Church
Sjögren’s Foundation President & CEO

12:40pm  Sjögren’s Overview
Thomas Grader-Beck, MD
Dr. Grader-Beck will present a comprehensive review of Sjögren’s disease including the range of symptoms that patients experience. He will give special attention to the difficulties that can be encountered in diagnosis and symptom issues not covered by other conference presentations. In addition, he will offer thoughts on labs needed for best care and what to consider for monitoring and managing your disease.

1:30pm Oral Manifestations in Sjögren’s
Vidy A Sankar, DMD, MHS
Understanding the daily care needed to minimize the impact on your oral health is critical for Sjögren’s patients as approximately 93% of patients report they experience symptoms associated with dry mouth. Dr. Sankar will cover the range of issues that can be caused by dry mouth and offer recommendations for successful management.

2:10pm Exhibit Hall Open!
Take a break and visit our exhibit hall to talk with company representatives to learn about our sponsors and how they support Sjögren’s patients!

2:40pm Headaches in Sjögren’s
Arun Varadhachary, MD, PhD
Headaches in Sjögren’s patients are a common occurrence, but not all headaches are the same. Dr. Varadhachary will present the different types of headaches and highlight some of the most common triggers. He will also discuss management and treatment strategies for finding relief.

3:20pm Foundation Update
Janet Church will help us celebrate the Sjögren’s Foundation’s 40th anniversary and discuss the exciting projects the Foundation is managing to ensure that Sjögren’s work is moving forward to conquer the complexities of Sjögren’s.

3:50pm Community Connections!
Join one of our virtual conference communities and visit with other Sjögren’s patients to connect, share and learn!

4:20pm Childhood Sjögren’s
Sara Stern, MD
Children living with Sjögren’s will often present differently than adults. Dr. Sara Stern, pediatric rheumatologist and co-chair of the International Childhood Sjögren’s Workgroup, will do an overview of childhood Sjögren’s and give an update on research that is happening through the workgroup and what that can mean for pediatric patients.

4:50pm Day One Wrap-up

QUESTIONS?

Please visit our National Patient Conference page at www.sjogrens.org or call 301-530-4420

Register online at www.sjogrens.org
and leave you feeling informed and comfortable about taking charge of your sexual and reproductive health.

3:20pm  Fetal Heart Block Overview

Jill Buyon, MD

Pregnancy is a concerning topic for many Sjögren’s patients in childbearing years. As a follow-up to Dr. Edens talk on sexual function, Dr. Jill Buyon will spend a short time discussing fetal heart block and the Stop Bloq Initiative.

3:35pm  Community Connections!

Join one of our virtual conference communities and visit with other Sjögren’s patients to connect, share and learn!

4:00pm  Dermatology Issues in Sjögren’s

Natalie Wright, MD

Dr. Wright will share a general overview of skin issues commonly associated with Sjögren’s including dry skin, atopic dermatitis and purpura. In addition, she will visit topics of Raynaud’s, hair loss and other less common dermatology issues patients may experience. She will also touch on when you should engage your care team and treatments that can help you manage your dermatology issues.

4:40pm  What’s on the Horizon in Sjögren’s?

Darise Farris, PhD

Remarkable things are happening in Sjögren’s! There is so much hope for the future with all we are learning! Dr. Farris will share currently active research projects and what we hope to learn to improve the diagnosis and treatment of Sjögren’s patients.

5:10pm  Conference Recap and Closing Remarks

Janet E. Church

Sjögren’s Foundation President & CEO

5:30pm  Conference Adjourns
Registration Form

1 Regist rant
Name ____________________________________________________________
Street Address ____________________________________________________
City __________________________ State ________ Zip _________________
Telephone ____________ E-mail __________________________________________

2 FEES – please check appropriate fee
Members: $80 Non-Member: $100
Member $80.00 Non-Member $100.00
☐ ☐

3 PAYMENT – Mail to Sjögren’s Foundation, 10701 Parkridge Blvd., Suite 170, Reston, VA 20191
Enclosed is a check or money order (in U.S. funds only, drawn on a U.S. bank, net of all bank charges) payable to Sjögren’s Foundation.
MasterCard ☐ VISA ☐ Discover ☐ AmEx ☐
Card Number __________________________ Exp. Date __________ CC Security Code ________
Signature __________________________________________________________________________

QUESTIONS? Call 301-530-4420 or visit www.sjogrens.org

Please Note
Registrants must have a device with internet access to join the conference. Recorded videos of each lecture will be available to registrants for 90 days after the conference.
Register online at www.sjogrens.org