



Sjögren's Foundation 2023 National Patient Conference

The Sjögren's Foundation 2023 National Patient Conference *Conquering Sjögren's Together*

Friday, April 21st – 1:00 pm - 5:00 pm (EDT)

Saturday, April 22nd – 1:00 pm - 5:30 pm (EDT)

The Sjögren's Foundation invites you to join us for our 22nd annual National Patient Conference! This two-day *virtual* educational experience will help attendees understand the complexities of Sjögren's and learn more about the disease and how best to manage symptoms. As the worldwide leader in Sjögren's education, we have engaged a sensational lineup of presenters for this year's event. You will learn from leading Sjögren's experts and you will have opportunities to ask them questions, right from the comfort of your own home, in real time. Topics will include Sjögren's information about the most common symptoms of the disease, as well as manifestations patients should be aware of to protect their health. We will close our conference with a look at Sjögren's research and how it could help transform future treatment.



Register online at www.sjogrens.org



“Conquering Sjögren’s Together”

Day one – Friday, April 21st (All times are Eastern Time)

1:00pm Welcome and Opening Remarks

Janet E. Church

Sjögren’s Foundation President & CEO

1:10pm Sjögren’s Overview



Alan Baer, MD

Dr. Baer will present a comprehensive review of Sjögren’s disease including the range of symptoms that patients experience. He will give special attention to issues not covered by other presentations and will offer thoughts on treatment options, practical tips for managing symptoms, labs needed for best care, and when to add specialists to your medical team.

2:00pm Exploring Sjögren’s Spotlight

2:10pm Lymphoma and Other Cancers in Sjögren’s Patients



Cole Sterling, MD

The development of cancer in Sjögren’s patients is complex and involves an interaction of multiple factors. In this program, Dr. Sterling will present an overview of cancer and how it can manifest in Sjögren’s patients with a special focus on Lymphoma and treatment options. He

will also share what patients can be on the lookout for to try and advocate early if necessary.

2:50pm Exploring Sjögren’s Spotlight

3:00pm Foundation Update



Janet E. Church

Janet Church will share current Foundation updates and will discuss the variety of clinical trials in process that bring hope to patients.

3:30pm Exploring Sjögren’s Spotlight

3:40pm Oral Manifestations in Sjögren’s



Michael Brennan, DDS, MHS

The oral program is a key presentation of this conference as approximately 93% of Sjögren’s patients report they experience symptoms associated with dry mouth.

Understanding the daily care needed to minimize the impact on your oral health is critical for Sjögren’s patients. Dr. Brennan

will cover the range of issues that can be caused by dry mouth and offer recommendations for successful management. He will also share what’s new on the horizon for dry mouth and oral care.

4:20pm Product Showcase



Sjögren’s patients use a number of over-the-counter and prescription products to treat their various complications. This session will highlight an array of products that can help Sjögren’s patients learn about new product options to help live more comfortably.

4:50pm Day One Wrap-up

QUESTIONS?

Please visit our National Patient Conference page at www.sjogrens.org or call 301-530-4420

Register online at
www.sjogrens.org



“Conquering Sjögren’s Together”

Day two – Saturday, April 22nd (All times are Eastern Time)

1:00 pm Opening Remarks & Awards

Janet Church

Sjögren’s Foundation President & CEO

1:30pm Out of Balance: Autonomic Dysfunction in Sjögren’s



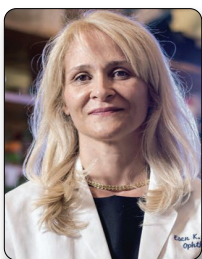
Brent Goodman, MD

Do you ever feel lightheadedness upon standing or even experience episodes of passing out? Autonomic dysfunction can be seen in almost 50% of patients with Sjögren’s. In this program, Dr. Goodman will discuss how the autonomic nervous system is affected in Sjögren’s and the

different ways that it can manifest including blood pressure and heart control issues, bladder impairment, and gastrointestinal dysfunction. He will discuss what the symptoms are and ways to treat some of these manifestations.

2:10pm Exploring Sjögren’s Spotlight

2:20pm Ocular Manifestations in Sjögren’s



Esen Akpek, MD

Approximately 98% of Sjögren’s patient’s experience dry eye. Dr. Akpek will share how Sjögren’s impacts eyes and what you need to know about caring for your dry eyes. She will help you understand the tests that your doctor needs to perform and the available treatments to help keep your eyes as

healthy as possible. She will also share other eye findings that are manifestations of Sjögren’s but less well known.

3:00pm Exploring Sjögren’s Spotlight

3:10pm Interstitial Cystitis and Recurrent UTI’s

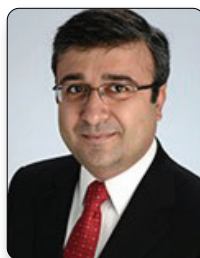


Monique Vaughan, MD

When you gotta go, you gotta go! Nearly 61% of Sjögren’s patients report significant urinary symptoms such as recurrent urinary tract infections (UTI’s) and interstitial cystitis, causing pain and the persistent need to urinate. Dr. Vaughan will dive into these two troubling urological symptoms discussing the physiology, as well as treatment and management options.

3:50pm Exploring Sjögren’s Spotlight

4:00pm Vasculitis in Sjögren’s



Ghaith Noaiseh, MD

Vasculitis is when the blood vessels become inflamed resulting in the narrowing or complete occlusion of these vessels. This can cause interruption to the blood flow and damage to the supplied organs, resulting in several clinical manifestations and laboratory abnormalities. If you have experienced

purpura on your legs, you may have experienced a form of vasculitis affecting the skin. Dr. Noaiseh will give us an overview of vasculitis and discuss how it often manifests in Sjögren’s patients, what to look out for, and the treatment options available.

4:40pm Understanding Research in Sjögren’s



Blake M. Warner, DDS, PhD, MPH, ABOMP

It’s an exciting time in Sjögren’s as research investments are leading to potential therapies! We are learning more about the disease and how it may present in patients differently. In this presentation, Dr. Warner will discuss research that has influenced our understanding of the disease and how that knowledge is

translated into therapies. Learn how biological pathways may be different in each patient and how this could help us transform future treatment. He’ll finish by giving us a glimpse at current research and how it may change what we know about Sjögren’s!

5:20pm Conference Recap and Closing Remarks

Janet E. Church

Sjögren’s Foundation President & CEO

5:30pm Conference Adjourns



Sjögren's Foundation 2023 National Patient Conference

Registration Form

1

Registrant

Name _____ Member ID# _____

Street Address _____

City _____ State _____ Zip _____

Telephone _____ E-mail _____

2

FEES – please check appropriate fee

Member

\$80.00

Non-Member

\$100.00

3

PAYMENT – Mail to Sjögren's Foundation, 10701 Parkridge Blvd., Suite 170, Reston, VA 20191

Enclosed is a check or money order (in U.S. funds only, drawn on a U.S. bank, net of all bank charges) payable to Sjögren's Foundation.

MasterCard VISA Discover AmEx

Card Number _____ Exp. Date _____ CC Security Code _____

Signature _____

QUESTIONS? Call 301-530-4420 or visit www.sjogrens.org



Please Note

Registrants must have a device with internet access to join the conference. Recorded videos of each lecture will be available to registrants for 60 days after the conference.

Register online at www.sjogrens.org

