



Sjögren's Foundation 2023 Fall Focus Conference

Saturday, October 14, 2023
12:00pm – 4:30pm ET

***Join us on October 14th for the
Sjögren's Foundation Fall Focus Conference:
Exploring the Complexities of Oral Health in Sjögren's***

Sjögren's patients are intimately aware that a dry mouth is more than just a minor inconvenience. Saliva, or lack of it, can have a major impact on your life! The Sjögren's mouth is complex and more than "just dry"; it requires special attention and care to help prevent serious implications on your overall health and quality of life. With dry mouth affecting **93% of patients**, this is an important topic that affects nearly all people living with Sjögren's. In this program we will dive deeply into oral health in Sjögren's, exploring topics from basic oral function & maintenance to advanced care & restoration options.

This virtual conference will be delivered live by Sjögren's experts in oral medicine who are committed to researching and understanding the complex Sjögren's mouth. They will help you understand the structure of the mouth, basic care for supporting daily comfort & preventing quick decline, and lastly, how to handle an advancing Sjögren's mouth. Each expert clinical presentation will be followed by a live question and answer session!

Conference registration is available on the Foundation's website – www.sjogrens.org or by scanning the QR code.



Patient Conference Schedule *(all times are EST)*

12:00pm

Welcome & Opening Remarks

Janet Church, Sjögren's Foundation President & CEO

12:10pm

Understanding the Oral Cavity & Glands

Blake Warner, DDS, PhD, MPH



With 93% of Sjögren's patients experiencing dry mouth, the oral cavity and glands play a central role in living with this disease and coping with various complications. Dr. Blake Warner from the National Institute of Dental and Craniofacial Research will explore the different parts of the oral cavity and glands, how they function, and where symptoms can manifest in individuals with Sjögren's.

12:55pm

Basic Prevention and Care of the Sjögren's Mouth

Andres Pinto, DMD



Patients with Sjögren's often require specialized dental care from professionals such as dentists, DMDs, periodontists, endodontists, and oral surgeons. Dr. Andres Pinto will present basic oral care and prevention tips recommended for individuals with Sjögren's, as well as review the role of each oral specialist in providing effective treatment for Sjögren's patients throughout their oral health journey.

1:35pm

Sjögren's Foundation Update

Janet Church, President & CEO, Sjögren's Foundation



Janet Church, President & CEO of the Sjögren's Foundation and fellow Sjögren's patient, will share an update on some of the interesting work happening at the Sjögren's Foundation.

1:55pm

Insuring Your Smile: A Patient's Guide to Obtaining Medical and Dental Coverage for Sjögren's-related Dental Treatment

Danielle Brown, My Smile Insured

Sandy Buechler, ImpleMed Dental Resources



Dental treatment can be expensive, especially for Sjögren's patients. Medical and Dental billing experts Danielle Brown and Sandy Buechler will help navigate the challenges of medical and



dental insurance reimbursement and provide tips to maximize your benefits to make dental treatment more affordable. They will share their step-by-step process, including communication with your healthcare providers, obtaining documentation, and appealing a denied claim to help you get the comprehensive coverage you deserve.

2:30pm

Caring for the Mucosa, Gums & Glands When Problems Arise
Ava Wu, DDS



The “Sjögren’s mouth” presents specific challenges to oral health and to a patient’s quality of life. Sjögren’s patients are at risk of increased problems in the mucosa, gums, and glands. In this program, Dr. Ava Wu will cover how to recognize and manage some of the most common oral complications, such as thrush, ulcers, obstructed glands and receding gumline. She will also highlight how to quickly recognize an issue to begin treatment and keep you comfortable while avoiding further complications and damage.

3:15 pm

Advancing Sjögren's Mouth & Dental Restoration Possibilities
Athena Papas, DMD, PhD, FACD



Despite excellent care, with time, the Sjögren’s mouth often advances and requires progressive treatment and dental restoration. In this program, Dr. Athena Papas will discuss the difficulties of the advanced mouth in Sjögren’s such as severe dental and mucosal decay and tooth loss. She will also cover dental restoration possibilities for Sjögren’s patients, including bridges, crowns, and implants.

4:00pm

What is on the Horizon in Oral Health and Care
Mike Brennan, DDS



Exciting research in oral health in Sjögren’s is happening right now! In this program, Dr. Mike Brennan will share what is on the horizon for Sjögren’s patients to look forward to in the future.

4:20pm

Conference Recap & Closing Remarks
Janet Church

Registration Form

2023 Sjogren's Foundation

Fall Focus Conference

Saturday, October 14, 2023

1

ATTENDEE

Attendee Name _____

Street Address _____

City _____ State _____ Zip _____

Telephone _____ E-mail _____

2

FEES - please circle appropriate fee

**Sjögren's
Foundation
Members**

\$40

NON-Members

\$60

3

PAYMENT - Mail to Sjögren's Foundation, 10701 Parkridge Blvd., Suite 170, Reston, VA 20191

Enclosed is a check or money order (in U.S. funds only, drawn on a U.S. bank, net of all bank charges) payable to Sjögren's Foundation.

MasterCard VISA Discover AmEx

Card Number _____ Exp. Date _____ CC Security Code _____

Signature _____

MAIL FORM TO: Sjögren's Foundation
10701 Parkridge Blvd, Suite 170, Reston, VA 20191

E-MAIL FORM TO: education@sjogrens.org or FAX FORM TO: (301) 530-4415

OR REGISTER ONLINE at www.sjogrens.org/one-day-registration or CALL (301) 530-4420

***Refund requests must be in writing. Those received by **October 5th** will receive a **75% refund**.**

PLEASE NOTE:

- Registrants must have a device with internet access to attend the conference.
- Each presentation will be recorded and available for registrants to re-watch via Crowdcast for one year after the conference.